

Montour Heights Country Club

Lunch Menu



Appetizers

Tuscan Calamari

Italian breaded calamari, tossed with cherry peppers, country olives, and fresh garlic, served with a side of garlic aioli and house marinara 9

Classic Shrimp Cocktail

jumbo shrimp, house made cocktail sauce 10

Crispy Coconut Shrimp

fried coconut breaded shrimp, sweet chili aioli 14

Blackened Ahi Tuna*

seared rare blackened tuna, sliced and served chilled with vegetable slaw and hoisin glaze 13

House Made Soups

Soup du Jour

cup 4 crock 5

Chili

cup 5 crock 6

French Onion

cup 5 crock 6

Salads

Dressings

ranch, bleu cheese, sweet bleu cheese, thousand island, French, Italian, balsamic vinaigrette, Caesar, honey mustard, raspberry vinaigrette, Paris Dressing

Caesar*

romaine, pickled grape tomatoes, olives, shredded asiago cheese, anchovies, Parmesan crisps, herb croutons, Caesar dressing 7
add chicken 5 add shrimp 7

Steak Salad*

mixed greens, fried potatoes, cucumber, shredded cheese, egg, sliced red onion, black olives, grape tomatoes, grilled steak tips
small 13 large 15

Blackened Chicken Salad

mixed greens, fried potatoes, cucumber, shredded cheese, egg, sliced red onion, black olives, grape tomatoes, blackened chicken breast
small 12 large 14

Eger and Greens*

custom ground burger grilled to your liking, topped with pastrami, horseradish cheddar, and egg (sunny side up), served on a bed of mesclun greens and arugula, with goat cheese and grape tomatoes, tossed in a sherry vinaigrette 16

Grilled Salmon Salad*

mixed greens, diced tomatoes, tossed in balsamic vinaigrette, topped with grilled asparagus, grilled salmon filet, haystack potatoes 16

** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.*



Denotes healthier choice

Sandwiches

Served with choice of fresh cut fries, crispy battered fries, coleslaw, fruit, applesauce, mac & cheese, or chips

MHCC Burger*

8oz beef patty cooked to your liking, served with choice of cheese on a brioche bun with lettuce, tomato, house made pickle 12

Club Sandwich

ham, turkey, bacon, American cheese, lettuce, tomato, on your choice of bread 11

Jumbo Fish

choice of broiled, breaded, or beer battered cod, tartar sauce, fresh lemon, hoagie bun, lettuce, tomato, and house made pickle 12

Chicken Parmesan Sandwich

fried chicken breast, shredded mozzarella, Parmesan cheese, marinara on a toasted brioche bun 11

Montour Tuna Melt

albacore tuna salad, tomato slices, American cheese, served on grilled Texas toast 10

Montour Italian Steak Hoagie

marinated sliced filet sautéed with red peppers and onions, topped with provolone cheese, lettuce, tomato, and creamy Italian dressing 14

Grilled Chicken Bacon Ranch

grilled chicken, cheddar cheese, bacon, and ranch dressing on a brioche bun 12

Pastrami Ruben

shaved pastrami piled high with Swiss cheese, sauerkraut, and thousand island dressing, served on grilled marble rye 12

Trio Salad

fresh homemade tuna, chicken, and fruit salad atop a bed of mixed greens, served with fresh pita chips 10

Summer Chicken Wrap

grilled chicken, Mandarin oranges, Spring mix, feta cheese, grape halves, and raspberry vinaigrette in a whole wheat wrap 11

Entrées

Montour Sirloin*

grilled chopped sirloin topped with peppers, onions, and banana peppers, melted provolone, and a side of marinara, served with choice of side 13

Jumbo Lump Crab Cake

1 cake with jumbo lump crab meat prepared Maryland style, served with choice of side 14

English Style Cod

breaded and broiled cod loin, served with lemon cream, diced tomatoes, and choice of side 13

Filet Mignon*

6 oz petite filet served with asparagus and demi-glacé 22

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