

# Montour Heights Country Club



## Appetizers

### TUSCAN CALAMARI

Italian breaded calamari, tossed with cherry peppers, country olives, and fresh garlic, served with a side of garlic aioli and house marinara 9

### STUFFED BANANA PEPPERS

3 fresh banana peppers stuffed with Italian sausage, baked in house made marinara sauce, topped with shredded mozzarella cheese 9

### CLASSIC SHRIMP COCKTAIL

jumbo shrimp, house made cocktail sauce 10

### CRISPY COCONUT SHRIMP

fried coconut breaded shrimp, sweet chili aioli 14

### BLACKENED AHI TUNA

seared rare blackened tuna, sliced and served chilled with vegetable slaw and hoisin glaze 13

### PIEROGIES

6 hand made potato and cheese pierogies sautéed with caramelized onions and butter 12

### PEPPERONI FLATBREAD

hand tossed flatbread topped with house made tomato sauce, provolone, mozzarella, pepperoni, and shaved Parmesan 11

### PROSCIUTTO & ARUGULA FLATBREAD

hand tossed flatbread topped with garlic herb oil, Fontinella cheese, and shaved prosciutto, baked crispy, topped with arugula, EVOO, and shaved Parmesan cheese 13

## House Made Soups

### SOUP DU JOUR

cup 4 crock 5

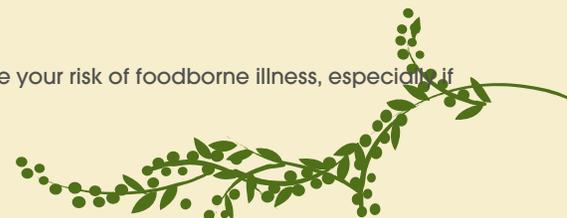
### CHILI

cup 5 crock 6

### FRENCH ONION SOUP

cup 5 crock 6

\* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.



## *Dinner Salads*

### HOUSE SALAD

mixed greens, grape tomatoes, cucumber, black olives, sliced red onion, sliced beets 5

### CAESAR\*

romaine, pickled grape tomatoes, olives, shredded asiago cheese, anchovies, Parmesan crisp, herb croutons, Caesar dressing 7

### BABY ICEBERG

bleu cheese crumbles, bacon lardoons, grape tomatoes, sliced red onion, sweet bleu cheese dressing 8

### ITALIAN CHOPPED SALAD

chopped iceberg and Romaine lettuce tossed in house made Italian dressing with diced tomato, cucumber, black olives, feta cheese, and red onion, garnished with pepperoncini 7

### CRUNCHY VEGETABLE SALAD

golden beets, broccoli, kohlrabi, Brussels sprouts, kale, radicchio, and carrots tossed in a sweet and sour dressing, topped with dried cranberries and pepitas 8

## *Sandwiches*

served with choice of side, lettuce, tomato, and pickle

### MHCC BURGER\*

8 oz beef patty, cooked to your liking, choice of cheese, on a brioche bun 12

### JUMBO FISH

breaded, broiled, or beer battered cod, tartar sauce, fresh lemon, on a hoagie bun 12

### MONTOUR STEAK HOAGIE

marinated sliced filet sautéed with mushrooms and onions, topped with provolone and a creamy horseradish sauce 14

### GRILLED CHICKEN SANDWICH

grilled chicken, lettuce, tomato, red onion, avocado aioli, served on roasted tomato foccacia 12

## *Entrée Salads*

### Dressing choices

ranch, bleu cheese, sweet bleu cheese, 1000 island, French, Italian, balsamic vinaigrette, Caesar, honey mustard, raspberry vinaigrette, Paris Dressing

### STEAK SALAD\*

mixed greens, fried potatoes, cucumber, shredded cheese, egg, sliced red onion, black olives, grilled steak tips  
small 13 large 15

### BLACKENED CHICKEN SALAD

mixed greens, fried potatoes, cucumber, shredded cheese, egg, sliced red onion, black olives, blackened chicken breast  
small 12 large 14

### EGGER AND GREENS\*

custom ground burger grilled to your liking, topped with pastrami, horseradish cheddar, and egg (sunny side up), served on a bed of mesclun greens and arugula, with goat cheese, croutons, and grape tomatoes, tossed in sherry vinaigrette 16

### GRILLED SALMON SALAD\*

mixed greens, diced tomato, tossed in balsamic vinaigrette, topped with grilled asparagus, grilled salmon filet, haystack potatoes 16

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## *Pasta*

### **PASTA EGER**

capellini, chicken, garlic, banana peppers,  
tomato, spinach, basil, Parmesan 14

### **SPAGHETTI AND MEATBALLS**

4 house made meatballs served atop fresh  
spaghetti and house marinara, served with garlic  
bread 13

### **SHRIMP FETTUCCINE**

pan seared shrimp tossed with fresh spinach,  
house made Alfredo and fresh fettuccine, topped  
with diced tomato 18

## *Sea*

### **AHI TUNA BOWL\***

sesame crusted ahi tuna seared rare, served over  
teriyaki fried rice, with snow peas & carrots,  
topped with wasabi crema 23

### **JUMBO LUMP CRAB CAKES**

2 house made crab cakes served with wild rice  
pilaf, sautéed asparagus, and honey Dijon tartar  
sauce 28

### **GRILLED SALMON\***

grilled salmon, wild rice pilaf, bacon lardoons,  
French green beans, bourbon maple glaze 26

### **PAN SEARED SCALLOPS**

fresh sea scallops pan seared and served atop  
Israeli couscous and French green beans, finished  
with lemon butter 30

## *Land*

Add a crab cake to any entrée for \$12

### **CAJUN VEAL SCALLOPINI**

tender veal cutlet pounded thin and dusted with  
Cajun spices, sautéed with julienne carrots,  
peppers, and onions, finished with white wine and  
a touch of cream, served with whipped potatoes,  
and asparagus 20

### **CHICKEN ROMANO**

two 5 oz chicken breasts prepared Romano style,  
sautéed French green beans, whipped potatoes,  
lemon cream sauce 17

### **FILET MIGNON\***

8 oz filet grilled to your liking, asparagus,  
whipped potatoes, demi-glacé 32

### **USDA CHOICE NY STRIP STEAK\***

hand cut NY strip steak grilled to your liking,  
topped with red onion marmalade, served with  
whipped potatoes and broccoli 30

## *Sides*

### **BAKED POTATO**

### **WHIPPED POTATOES**

### **MAC AND CHEESE**

### **FRENCH FRIES**

### **COLE SLAW**

### **FRUIT CUP**

### **APPLE SAUCE**

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